

Larry Jordan's Favorite Keyboard Shortcuts for Adobe Premiere Pro CC 2015

Category	Shortcut	What It Does
NOTES		
	<i>These are default keyboard shortcuts that ship with Premiere Pro CC 2015.</i>	
	<i>Windows users, substitute CNTRL for Cmd and ALT for Opt.</i>	
	<i>Premiere supports assigning more than one shortcut per function.</i>	
	<i>[Unassigned] indicates shortcuts that exist which aren't assigned to any key.</i>	
General Operations		
	Opt + Cmd + N	Create a new Project
	Cmd + O	Open Project
	Shift + Cmd + W	Close Project
	Cmd + S	Save Project
	Shift + Cmd + S	Save Project As
	Cmd + Q	Quit Premiere Pro
Interface		
	Cmd + Z	Undo
	Shift + Cmd + Z	Redo
	S	Toggle Snapping on/off
	Shift + H	Toggle Hover Scrub on/off
	=	Zoom into active pane
	-	Zoom out of active pane
	\	Fit sequence into Timeline
	Cmd + , [comma]	Open the General Preference Pane
	Opt + Cmd + K	Open Keyboard Shortcuts
	Cmd + =	Increase Video Tracks Height
	Cmd + -	Decrease Video Tracks Height
	Opt + =	Increase Audio Tracks Height
	Opt + -	Decrease Audio Tracks Height

Category	Shortcut	What It Does
	Shift + 1	Activate Project panel
	Shift + 2	Activate Source Monitor
	Shift + 3	Activate Timelines panel
	Shift + 4	Activate Program Monitor
	Shift + 5	Activate Effect Controls panel
	Shift + 6	Activate Audio Track Mixer
	Shift + 7	Activate Effects panel
	Shift + 8	Activate Media Browser panel
	Opt + [Set Work Area Bar In Point
	Opt +]	Set Work Area Bar Out Point
	[unassigned]	Display Lumetri Scopes
	[unassigned]	Display Audio Meters
	[unassigned]	Show Video Keyframes
	[unassigned]	Show Audio Keyframes
Import		
	Opt + Cmd + I	Import selected clip in Media Browser
	Cmd + I	Import directly into Project panel
	[unassigned]	Link offline media
Timeline Tools		
	V	Selection Tool
	A	Track Select Forward Tool
	Shift + A	Track Select Backward Tool
	B	Ripple Edit Tool
	N	Rolling Edit Tool
	R	Rate Stretch Tool
	C	Razor Tool
	Y	Slip Tool

Category	Shortcut	What It Does
	U	Slide Tool
	P	Pen Tool
	H	Hand Tool
	Z	Zoom Tool
Editing		
	Cmd + N	Create a new Sequence
	Cmd + B	Create new bin in Project panel
	I	Mark In
	Shift + I	Go to In
	Opt + I	Clear In
	O	Mark Out
	Shift + O	Go to Out
	Opt + O	Clear Out
	/	Mark Selection
	X	Mark entire clip
	Opt + X	Clear In and Out
	. [period]	Overwrite edit into Timeline
	, [comma]	Insert edit into Timeline
	F	Match Frame
	Shift + R	Reverse Match Frame
	Cmd + U	Make Subclip
	Shift + U	Make Subsequence
	Shift + T	Reveal Nested Sequence
	Opt + Up	Nudge selected clip up a track
	Opt + Down	Nudge selected clip down a track
	Shift + Cmd + Left	Nudge selected clip left 5 frames
	Cmd + Left	Nudge selected clip left 1 frame
	Shift + Cmd + Right	Nudge selected clip right 5 frames

Category	Shortcut	What It Does
	Cmd + Right	Nudge selected clip right 1 frame
	Opt + Shift + Cmd + Left	Slip selected clip left 5 frames
	Opt + Cmd + Left	Slip selected clip left 1 frame
	Opt + Shift + Cmd + Right	Slip selected clip right 5 frames
	Opt + Cmd + Right	Slip selected clip right 1 frame
	[unassigned]	Join All Through Edits
	[unassigned]	Set to Frame Size
Multicam		
	Shift + 0	Toggle Multi-Camera View
	[unassigned]	Show Multi-Camera Preview Monitor
	[unassigned]	Edit Cameras...
	[unassigned]	Create Multi-Camera Source Sequence...
	[unassigned]	Flatten selected multicam clip
Trimming		
	D	Select Clip at Playhead
	Cmd + Down	Select Next Clip
	Cmd + Up	Select Previous Clip
	T	Trim Edit
	Ctrl + T	Toggle Trim Type
	E	Extend Selected Edit to Playhead
	W	Ripple Trim Next Edit To Playhead
	Q	Ripple Trim Previous Edit To Playhead
	Shift + W	Extend Next Edit To Playhead
	Shift + Q	Extend Previous Edit To Playhead
	Opt + W	Trim Next Edit to Playhead
	Opt + Q	Trim Previous Edit to Playhead
	Shift + Forward Delete	Ripple Delete

Category	Shortcut	What It Does
	Opt + Delete	Ripple Delete
	Shift + Cmd + /	Duplicate
	Cmd + K	Add Edit
	Shift + Cmd + K	Add Edit to All Tracks
	Shift + K	Play around the edit point
	Opt + K	Play In to Out
	Shift + Space	Play In to Out with Preroll/Postroll
	Shift + Home	Go to Selected Clip Start
	Shift + End	Go to Selected Clip End
	Down	Go to Next Edit Point
	Shift + Down	Go to Next Edit Point on Any Track
	Up	Go to Previous Edit Point
	Shift + Up	Go to Previous Edit Point on Any Track
	Left	Step Back 1 Frame
	Shift + Left	Step Back Many Frames - Units
	Right	Step Forward 1 Frame
	Shift + Right	Step Forward Many Frames - Units
	J - K - L	Shuttle Left - Stop - Right
	Shift + J	Shuttle Slow Left
	Shift + L	Shuttle Slow Right
	[unassigned]	Select In to Out
Organize Timeline		
	Cmd + A	Select All
	Shift + Cmd + A	Deselect All
	Shift + Cmd + E	Enable selected clip
	Forward Delete	Clear, and leave gap
	Shift + ;	Go to next gap in Sequence

Category	Shortcut	What It Does
	Opt + ;	Go to previous gap in Sequence
	Cmd + F	Find...
	Cmd + L	Link selected clips
	Cmd + G	Group selected clips
	Shift + Cmd + G	Ungroup selected clips
	M	Add Marker
	Shift + M	Go to Next Marker
	Shift + Cmd + M	Go to Previous Marker
	Opt + M	Clear Selected Marker
	Opt + Cmd + M	Clear All Markers
	[unassigned]	Edit Marker...
	[unassigned]	Nest selected clips
Audio		
	G	Change Audio Gain...
]	Increase selected clip volume
	Shift +]	Increase selected clip volume (Many)
	[Decrease selected clip volume
	Shift + [Decrease selected clip volume (Many)
	Opt + Cmd + T	Show/Hide selected tracks in mixer
	Shift + G	Modify Audio Channels...
	[unassigned]	Nudge Volume + 1dB
	[unassigned]	Nudge Volume + 3dB
	[unassigned]	Nudge Volume -1dB
	[unassigned]	Nudge Volume -3dB
	[unassigned]	Edit selected in Adobe Audition
Transitions		
	Cmd + D	Apply Video Transition

Category	Shortcut	What It Does
	Shift + Cmd + D	Apply Audio Transition
	Shift + D	Apply Default Transitions to Selection
Titles and Effects		
	Cmd + T	Create a new Title
	Shift + Cmd + L	Left align title text
	Shift + Cmd + C	Center align title text
	Shift + Cmd + R	Right align title text
	Cmd + R	Modify clip speed or duration
	Opt + Cmd + V	Paste effect attributes
	Return	Render Effects in Work Area
	[unassigned]	Remove Effects...
	[unassigned]	Render Selection
	[unassigned]	Insert Frame Hold Segment
	[unassigned]	Edit selected in Adobe Photoshop
	[unassigned]	Replace selected with After Effects Comp.
	[unassigned]	Direct Link to Adobe SpeedGrade...
Export and Archive		
	Cmd + M	Export media
	Shift + E	Export Frame
	[unassigned]	Open Project Manager...